

FCPX NLE Export Crib Sheet

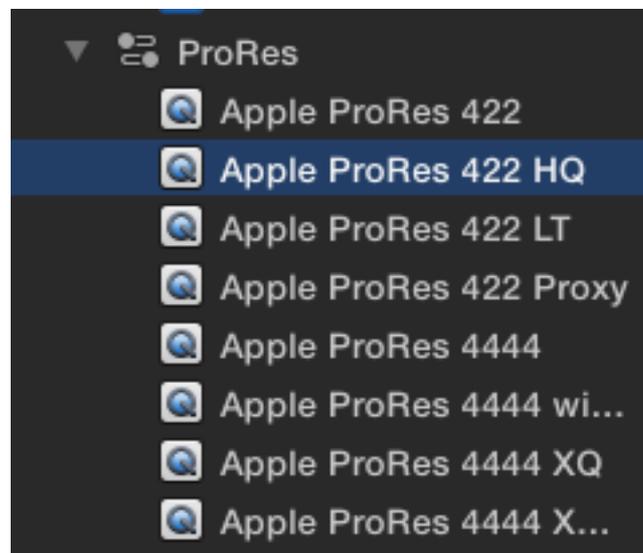
FCPX

From FCPX select the File > Send to Compressor option

The preview will display the video file as below



Selecting the settings Tab and choose Pro Res 422 HQ



Select the asset and under the General tab, ensure settings are set as below:

The screenshot displays the 'General' tab of the adstream interface. At the top, there are three tabs: 'General', 'Video', and 'Audio'. The 'General' tab is selected. Below the tabs, the asset name 'Apple ProRes 422 HQ' is shown with a small icon to its left. Underneath the name, it says 'QuickTime Movie', 'Estimated file size: 696.77 MB', '1920 x 1080 px | 25 fps', and 'Stereo (L R) | 48.00 kHz'. Below this information is a section titled 'General Properties'. This section contains several fields: 'Name:' with the value 'Apple ProRes 422 HQ'; 'Description:' with the value 'QuickTime movie with Apple ProRes 422 HQ and audio pass-through'; 'Extension:' with the value 'mov'; a checked checkbox for 'Allow job segmenting'; 'Default location:' with a dropdown menu set to 'None'; 'Format:' with a dropdown menu set to 'Video and Audio'; and an unchecked checkbox for 'Optimize for network use'. Below the 'General Properties' section is a section titled 'Retiming'. This section contains three options: 'Set duration to:' with a radio button selected, a dropdown menu set to '100.00%', and the text 'of source'; a radio button with a dropdown menu set to '00:00:30:00'; and a radio button with the text 'So source frames play at 25 fps'.

General Video Audio

 **Apple ProRes 422 HQ**
QuickTime Movie
Estimated file size: 696.77 MB
1920 x 1080 px | 25 fps
Stereo (L R) | 48.00 kHz

General Properties

Name:

Description:

Extension:

Allow job segmenting

Default location:

Format:

Optimize for network use

Retiming

Set duration to: of source

 So source frames play at 25 fps

Next, select the Video Tab and change settings to as follows:

HD Specs:



SD Specs



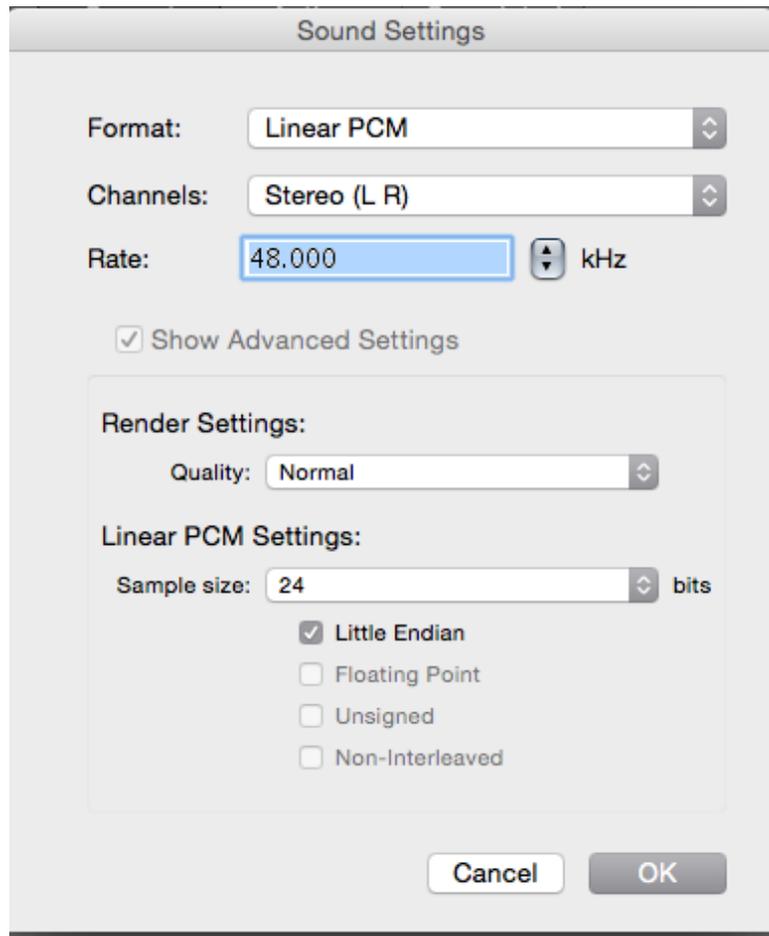
Under the Audio Tab, ensure settings match as follows for HD delivery:



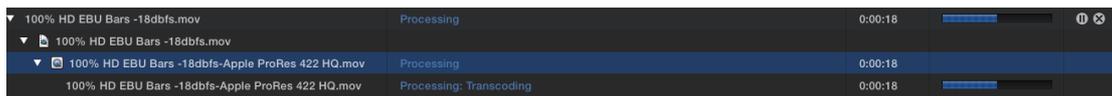
SD delivery audio should be set as below:



Under Quicktime settings > Linear PCM settings > ensure Little Endian is selected. Sample size should be as per HD or SD 24 or 16 bit.



Select start Batch



File will then be created to correct Broadcast spec for PAL delivery, including UK and Europe regions.

